



# What does the program cost provide?

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You'll be happy to know that everyone on our team in the U.S. works on an unpaid, volunteer basis, meaning that 100% of what you pay goes towards the expense of arranging and running the programs and the development projects that you will participate in. In short, your program cost goes entirely towards the experience which we have outlined here.

## Program Focus

### Health

Our health program is specially catered to students preparing for medical school and other health professions. During the course of the trip, volunteers explore health, hygiene, and nutrition in the developing world. As volunteers gain valuable first-hand experience in clinics, they will learn about the lives and personal stories of patients. These are the profound experiences that make personal statements compelling and set you apart from your peers. We will be happy to write a letter of recommendation on your behalf at the end of your service.

## African Experience

### Cultural

Some of the most valuable aspects of the program are the times that you will participate in the culture of East African tribes. During your two weeks you will receive tours of the villages, schools, clinics, and homes. You will have the opportunity to learn from the Masaai warriors how to throw a spear, make a fire with sticks, and other wilderness survival skills. You will take part in the traditions of the tribes as we offer gifts to the chief and to the village elders for their hospitality to our team. During celebrations, you will be able to sing and dance around the fire.

From Swahili classes to cooking lessons, walking safaris to mountain hikes, collaborative development projects to social gatherings around the fire, you will be able to capture the rich culture of these wonderful tribal people.

### Safari

As a part of our summer itinerary, you will have the opportunity to go on a top-rated safari on the Serengeti. This is the same area of Africa that inspired the Disney creative team to make *The Lion King*!

On safari you will be able to see lions, cheetahs, leopards, crocodiles, hippos and many more. We use professional chefs, drivers, and guides to ensure the absolute best experience possible on the

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great African plains. Between the fuel costs, luxury Land Cruiser rentals, transit fees, park fees, camp gear, and other safari equipment, a multiple-day safari like this would normally cost \$2,100. Because of our great relationship with the ministry of tourism, and the service we provide to Tanzania, we are able to include the safari as an exciting conclusion to your program.

## Logistics

### Accommodations

Our base camp is located in the Njoro village just south of the city of Arusha. Participants have access to running water right within the camp as well as latrines and shower stalls. Tents, sleeping gear, and other basic living necessities are all provided. Staff on the site speak English and help to translate between local tribal languages, Swahili, and English. On the day you arrive, you will be picked up from the airport, rain or shine, at any time of the day. Our program directors make it their highest priority to be there as soon as you come out of the airport.

A Masai warrior security guard takes care of the camp at night and while we are away to ensure that everyone and everything is kept safe on our site. We provide internet access so that you can email home (usually once every 3 days) as well as free 24-7 international calls in case of an emergency or if the need arises to contact someone at home. Electricity is available at our property for you to charge phones or camera batteries.

### Food & Health

#### **45 professionally cooked meals**

Each of our meals is cooked by a professional safari chef and typically includes fresh fruits and vegetables, meat, and soup appetizers before dinner. Sometimes our chef even makes fresh baked rolls!

We provide international health insurance for all participants as well as anti-malarial medication during your stay in Tanzania. We make it a top priority to provide plenty of clean bottled drinking water for participants to stay well hydrated.

### Development

Much of your program cost pays for the development projects that our organization plans and executes. Project preparation, training, and materials are all paid for by a portion of your program cost.